

## Mama's Patierno's Italian Wedding Soup

Made with Mama Patierno's Italian Seasoning

ama's family and friend favorite will keep you coming back to make more. Mama's Organic Italian Seasoning combined with carrots, celery, sweet onion, spinach, low sodium chicken broth and tiny meatballs (see Mama's Meatball recipe) provides healthy protein and vitamins and a savory meal at the same time.

## Ingredients:

- □ 14 to 16 small Italian meatballs
- □ 2 large celery stalks
- □ 2 large carrots
- ☐ 4 garlic cloves or more to taste
- $\Box$  ½ to ¾ sweet onion
- □ 2 cups chopped spinach (or escarole)
- □ 2 tablespoon extra-virgin olive oil
- □ 48-ounce low sodium chicken broth (6 cups)
- □ ½ lb. orzo pasta



- □ 2½ tablespoons of Mama's Italian Seasoning.
- ☐ 1½ teaspoons of fine sea salt or garlic salt or more to taste
- $\square$  ½ teaspoon of white pepper
- ☐ 1/8 teaspoon of fine crushed red pepper or
  - Cayenne pepper
- ☐ 2 tablespoons of grated pecorino cheese or Parmesan cheese.

## How to Make:

In this order...

- Chop or mince the onion, garlic, celery, and carrots
- Bring chicken broth to boil then simmer and add the minced vegetables