



# Mama P's Recipes

*Organic Gourmet Seasonings*



## Mama's Italian Meatloaf Bolognese

Made with [Mama Patierno's Bolognese Seasoning](#) & [Italian Seasoning](#)

You'll love Mama's juicy and flavorful Italian Meatloaf Bolognese. With [Mama's Bolognese](#) & [Italian Seasonings](#) you'll love the most juicy and flavorful Italian Meatloaf.

It's quick and easy too!

### Ingredients:

- 1 lb. ground beef
- 1/4 green pepper
- 1/2 medium sweet onion
- 4 garlic cloves
- 1 tsp Worcestershire sauce
- 1/4 cup parmesan
- 1 cup shredded mozzarella - plus 1 cup for topping.
- 1/8 cup parsley
- 1 egg
- 1 cup breadcrumbs
- 1 tsp sea salt
- 1 to 2 tsp white or black pepper to taste
- 1/2 tsp fine crushed red or cayenne pepper
- 2 tsp [Mama Patierno's Bolognese Seasoning](#)
- 1 tsp [Mama Patierno's Italian Seasoning](#)
- Extra Virgin Organic Olive Oil
- 2 cups Mama Patierno's (or other brand) [Italian tomato sauce](#)

